

Delta High School Adult Fitness & Wellness Calendar – March 2011

S	M	Tuesday	W	Thursday	F	S
		<p>1 6:30: Sign In: Gym Lobby Weight Room: Supervised Lifting Pool: Laps, Open Swim Main Gym: Cross Court Basketball Balcony: Walking/Jogging Main Building: Running & Walking (See map) Library: Tutoring for grades 3-8 & peer tutoring for High school students.</p> <p style="text-align: center;">Auxiliary Gym Unavailable Tonight</p>	2	<p>3 6:30: Sign In: Gym Lobby Weight Room: Supervised Lifting Pool: Laps, Open Swim Main Gym: Cross Court Basketball Balcony: Walking/Jogging Main Building: Running & Walking (See map) Library: Tutoring for grades 3-8 & peer tutoring for High school students.</p> <p style="text-align: center;">Auxiliary Gym Unavailable Tonight</p>	4	5
6	7	<p>8 6:30: Sign In: Gym Lobby Weight Room: Supervised Lifting Pool: Laps, Open Swim Main Gym: Cross Court Basketball Balcony: Walking/Jogging Main Building: Running & Walking (See map) Library: Tutoring for grades 3-8 & peer tutoring for High school students.</p> <p style="text-align: center;">Auxiliary Gym Unavailable Tonight</p>	9	<p>10 6:30: Sign In: Gym Lobby Weight Room: Supervised Lifting Pool: Laps, Open Swim Main Gym: Cross Court Basketball Balcony: Walking/Jogging Main Building: Running & Walking (See map) Library: Tutoring for grades 3-8 & peer tutoring for High school students.</p> <p style="text-align: center;">Auxiliary Gym Unavailable Tonight Winter Sports Awards 6:30 p.m.</p>	11	12
13	14	<p>15 6:30: Sign In: Gym Lobby Weight Room: Supervised Lifting Pool: Laps, Open Swim Main Gym: Cross Court Basketball Balcony: Walking/Jogging Main Building: Running & Walking (See map) Library: Tutoring for grades 3-8 & peer tutoring for High school students.</p> <p style="text-align: center;">Auxiliary Gym Unavailable Tonight</p>	16	17	18	19
				No Adult Fitness/Tutoring Tonight Due to Spring Break Starting		
20	21	22	23	24	25	26
		No Adult Fitness/Tutoring Tonight Due to Spring Break		No Adult Fitness/Tutoring Tonight Due to Spring Break Starting		
27	28	29	30	31		
		Adult Fitness Schedule TBD Due to Construction Email w/info will be sent 3/28 to participants.		Adult Fitness Schedule TBD Due to Construction		

Adult Fitness runs from 6:30 – 8:30 p.m.
If Del Com would close due to weather or dismiss early, AF will not be held.